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SquarePetals

Global Webzine

Cover Story
Priti B. Sinha
 Mrs.
 Classic Europe
 2020

Event:
 Mrs. Gujarat T20
 EsquireVJ Showcase

Psychology:
 Self love

Personal Development:
 Achieving your dream

Literary Bytes:
 People in my life
 Women in plate

Poems:
 Poetry
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 A Fight

**Current
 scenario:**
 Caged

Flavour special:
 Garlic potato
 punch
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Interview:
 Palak
 Maurya

**International
 Labour Day
 Special:**

**Mrs.
 Photogenic
 Gujarat T20
 EsquireVJ Showcase**

**Art
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Dignity of Labour



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FROM THE DESK OF **EDITOR - IN - CHIEF**

Hi friends,

Let me first express heartfelt and soulful regards to the doctors' fraternity of the world for saving others, even at the cost of their own lives. I feel speechless at the thought of how they must be feeling when reaching home to their family members after struggling for hours amidst covid 19 patients and saving lives, or else feeling helpless at the unfortunate deaths.

The Police force has been on their toes day and night to make people stay indoors, placing duty above their own safety. And, our cleaning staff, although many of them have been economically and academically less fortunate, but they have worked devotedly and the society will always be indebted to them.

Let's think of ways and means to boost up our immunity to survive this tough phase the world has been put into; bringing you an interesting read of SquarePetals Global Webzine this May, we hope to bring smiles and enlightenment through this little effort from our team.

Thanks & regards.
Sansriti Johri





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Cover Story



Priti Sinha, a resident of London, is a full time mom & a successful home maker first, and then she is the Mrs. Classic Europe 2020. She was crowned recently in Sofia, Bulgaria at the Mrs. Classic Universe Pageant in January 2020. Priti Sinha is an avid fashion & food blogger, a health & beauty enthusiast and as a Bollywood actress she has worked with Big banners and a co actor with celebrity stars. And not only that, Priti has always been an active and dedicated social worker for the needy

and the under privileged children. She was nominated to represent UK in her category by Brandwok Mrs. India UK pageant and she has proudly been a winner. She now is committed to create awareness and partnerships between the underprivileged children's charity organization and school, to bring about positive change.

Priti was born and brought up in Jabalpur, M.P., India and she has a vision to develop such charity models in India also, the society where she has grown up with amazing

memories. Beauty is adorned through charity & she has supported the great Ormond Hospital which aims to provide timely medical support & best health care to needy children, for over a decade. She puts in effort to encourage other efficient women to rise up for their own recognition and the well being of others. Recently Priti officiated as a Jury member at the EsquireVJ Mrs. Gujarat Online Beauty Pageant. Best wishes to Priti B. Sinha, Mrs. Classic Europe 2020 for all her future endeavors.

Global MEDIA COVERAGE

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Priti Sinha

Mrs Classic Europe 2020





CAGED

**so that we captured
so much land
Look into trouble
now we land .**

**Animals, birds gifted
Sky, earth & sea
Humans get caged
Freedom seems ...
history .**

SANSRITI JOHRI



Achieve Your Dreams

ACHIEVING YOUR DREAM

People are your most important asset in life. Whatever you are going to accomplish or achieve in life is connected and related to people. There's no one in this life who had achieved something significant without the efforts of others.

You will always need people to achieve your dreams, vision and goals. Your success is connected with people's effort. No one has achieved something significant by doing it alone. You need people's support to help you achieve things in life.

That opportunity, that connection, that breakthrough is attached to others. The tower of Babel in the Bible was almost accomplished because of team effort. Nimrod shared the vision and involved others to help him achieve it.

Even Jesus Christ didn't do his ministry alone. He had to look for 12 disciples to help him. No ministry and vision can be achieved without the involvement of others. You will always need people to succeed in whatever you are doing.

No one can become successful all by himself. Trying to do everything yourself and get all the rewards and credits will keep

you far from becoming successful and accomplishing your dreams.

From history to this present generation, no great achiever had achieved his idea, vision and dream all by himself. You will always be in need of people except what you are doing has no value. The more people you have around who are willing to help you succeed in accomplishing your vision, the more successful you'll become. The more people you have to help you succeed the greater you shall become in life.

If you want to crawl in life keep doing it alone but if you want to fly to higher heights work with people. We become successful in life when we involve others to help us succeed. It is not about being self-centered or selfish; it is about helping others rise in life. When we rise in life we need others to lift us up. When we involve others into what we are doing the sky will not be our limit.

People are the greatest asset we have in life. We should cherish team work, building the right relationship and investing in people. This is the task of a leader who wants to become successful. When you care for others they will care about your vision and dream.

Our dreams are connected to people. Every dream involves others to be realized. The reason why many people are stagnant and struggling in life is because they feel they don't need the help of others, they can do it all by themselves. Such people will remain mediocre and failures in life.

People are your valuable asset and leverage. You can achieve more by leveraging on the effort of others. You can leverage on the ideas, talent, experience, knowledge and skills of others to achieve your dream. No one is an island; you will always need the help of others in accomplishing your dream.

Don't be self-centered when it comes to realization of your dream and vision. Don't be deceived that you can do it alone. You will struggle in life. Successful people are not proud to look for help. They know that they need the help of others to succeed. What would have taken you five years to achieve can be achieved in a year or two when you involve the right kinds of people.



As an author I write books to educate and inspire people. I need people to sell and buy my books. My success depends on people. You and I need people to succeed in our career, business and ministry.

Whatever you are doing in life that is not attracting people to you will not go far. People naturally are attracted like magnet to great ideas, visions and dreams. You should look out for people to help you achieve your dreams. People are assets you need them to succeed.

Neglecting and avoiding people is minimizing your success. You should treat people with respect and care. When people know that you care about them they will help you when you need them. Success is simple. It is you helping others succeed and they also helping you succeed as well. It is reciprocal. While you are helping someone to rise to the top, others above you will pull you to the top.

Everything that you need, money, connection and resources are in the people. When people trust you and care about you

as you care about them, they will help you succeed. Never despise or underrate anyone in life. That person that you are

keeping malice with could hold they keys to your success. That person who you think is nobody could know somebody who can be of help to you. Never look down on anyone in life because you are bringing yourself down.

You need others to succeed when you help others succeed. You rise to the top when you help others to rise to the top. There is a Law of compensation for everything that we do in life. There are people that you may have helped who ended up hurting you. I understand, there are people with such attitude. I know we humans can be

emotional. Whatever you've done for anyone who either didn't appreciate it or hurt you at the end of the day shouldn't stop you from looking up to people. Whenever you help someone, don't expect anything in return. Keep being nice and kind to people. Whenever you help anyone, don't expect anything in return. Do it wholeheartedly. I assure you in times of needs people whom you've never met or knew would come to your aid.

You should always be available and helpful to others in need. You should help others build and achieve their dreams. By doing this, you will attract the kind of people who will also help you build yours and achieve your dream in life.

Everything that we need in life is in people. When you are nice and respectful to people, you will

attract the same feeling.

I discovered from experience that most of those who always blame people for their failures, troubles and problems are people who have created problems for themselves than what others have created for them.

Whenever you see someone saying people are selfish, greedy and wicked it is because

that is how that person himself is. The way people treat us is a feedback of how we treat them and the impression we have about them. Mind you, life is a boomerang; what you sow is what you will reap. The universal Law is treating others the way we want them to treat us. When we treat them cruelly and unfriendly, we should expect the same.

You should change your impression about people. If you think people are bad then you are the bad person who needs to change. To get help, be the first person to give a helping hand to others. To get a smile, be the first person to share a smile. To earn the respect of others, make it a habit to respect people.

Someone once said the reason why she is not getting ahead in life is because people



can't help. I asked her how many people has she helped in her life? This question also goes to you. How many people have you helped in your life? If you have been helping people, you can never be stranded in life.

You will always get people who will be there to help you. Do you need people to be there for you when you need them? Then you should always be there for someone when they need you or not.

No help is too big or too small. Every little help can go a long way. While you are looking for people to help you achieve your dream, you should also be looking for people with similar dreams and volunteer to help in achieving their dreams. The more people that you help achieve their dreams and solve their problems, you will gain the resources, ideas, experience to achieve your dream faster than you can possibly imagine.

Let me share my life experience with you; I wanted to produce my movie some years ago. I had no finance. While I was developing the script I joined a church theatre group. I was giving them ideas and organizing the group. In few months I was made the director. After staging plays in church services for some weeks I became popular in the church. The actors decided we should produce a film. I wrote a short film and we shot it. The film was premiered at the church and good money was made from donations to produce a full length movie. It was during the preparation for the movie that I met someone who was willing to invest to finance my own film not the church film. I used the church actors to produce the movie and sold it on line and other platforms.

I volunteered to help a struggling theatre group and eventually helped myself in the

process to achieve my dream using people's effort. Your dream is very important but there are times you need to keep it aside to help others get to where they want to be and you will find your own way to the top.



Michael Ediale
Life Coach, Motivator
& Author

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Squarepetals, May 2020

1st Online Beauty Pageant Accomplished

***EsquireVJ Showcase Mrs. Gujarat T20,
10th April 2020***

The first Online run and accomplished Beauty Pageant, EsquireVJ Showcase Mrs. Gujarat T20, was a grand success on the 10th April 2020. The Brand Ambassador for the Event was **Mrs. India UK & Mrs. England Universe, Mrs. Dolly Ahuja.** EsquireVJ is a multifaceted global business company at Vadodara, Gujarat, India. The highlight of Mrs. Gujarat T20 Online event was the whole process from taking entries till the declaration of the results has been Online. It began on 14th November 2019; there was participation from all over the State of Gujarat, India (Gandhidham, Bhuj Kutch, Anjar, Ahmedabad, Vadodara, Surat etc.) The contest rounds included the Photo Round, Video Introduction, Interviews & Talent Showcase, and there was also the social media Fame round. The contestants have been inspired to grow and discover their skills and qualities. In the interview round, the ladies were asked about the issues women are facing today and their suggestions regarding how to make such situations better for the society as a whole. There was a whole-hearted response on this, and some of the Interviews are posted on the EsquireVJ official website Blog. The Contestants showed a lot of enthusiasm in recording and sending their videos showcasing different talents, dance, speaking, singing, yoga, aerial yoga, Mehndi art, and cooking. The videos have been showcased on the EsquireVJ Showcase YouTube channel. The participants have

been given the platform for career launch & further growth. The Winners will be featured in the "SquarePetals Global Webzine", which is a well deserved personality and career booster. Eminent people have supported the concept, especially as this suited the **Stay Home** & safety required to restrict the spread of corona virus pandemic.

The results have been declared Online on the 10th April 2020

by Mrs. India Worldwide Popular 2018 Haute Monde, Monika Meena.

The winner of the title
EsquireVJ Showcase
**Mrs. Gujarat T20 is
Mrs. Karishma Kaushik.**

EsquireVJ Showcase Mrs. Popular T20 :

Mrs. Aditi Ayachi

EsquireVJ Showcase Mrs. Talented T20 :

Mrs. Jyoti Samnani

EsquireVJ Showcase Mrs. Ravishing T20 :

Mrs. Poonam Singh

EsquireVJ Showcase Mrs. Proficient T20:

Mrs. Ruchita Sisodia

EsquireVJ Showcase Mrs. Photogenic T20

Mrs. Palak Maurya

EsquireVJ 'Stay Home Stay Safe' online Beauty Pageant is one of its kind, run & accomplished Online, it's the first time in the World with reference to the concept and the process as well. It has been supportive during the Covid-19 outbreak lockdown and added positivity in the lives during this tough phase the world is going through.

**E
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EsquireVJ aims to encourage people to be happy and continue to grow & be safe by taking complete precautions as necessary. As a Corporate responsibility, EsquireVJ endeavours to set new trend of Online Pageants, so that we human beings can still hold events and create winners, provide growth platform while staying safe at home. Lot of travelling & commutation can be avoided saving time energy, also fuel consumption can be reduced this way reducing pollution and restricting corona virus disease specifically.

We have shown it practically how this can be done successfully. Going for Online Beauty Pageants is the need today because the whole world is under distress, so, Online pageants will pump in liveliness. It also is a strong message to move ahead crossing barriers and make life easy using technology. Online payment options, social media activities, messages and emails for communicating, Online showcasing and the official websites are the authentic means of achieving dreams and fighting out odds, and at the most, staying safe while at home. EsquireVJ has set up a new record by the first ever Online run & accomplished Beauty Pageant, EsquireVJ Showcase Mrs. Gujarat T20 at Vadodara, Gujarat & India. We are going ahead for the National level soon, next we will have it at International level also.

Congratulations to the super efficient Team EsquireVJ for the grand success of the event at a challenging time and best wishes to all the lovely ladies, the sub-title winners and the title winner. We appreciate all those who believed in our innovative idea so that

*and we could make it practically possible and successful for the first time in the world. We have together set the example of this safe event platform that can become a guideline for many other events which are at standstill due to corona disease outbreak worldwide. Even after the world has got rid of this disease, such Online events will save, time, energy, fuel consumption and commutation /travelling, consequently reducing pollution, and provide opportunities for those who cannot afford to travel abroad for participating in global events. It also saves money in unnecessary extravaganza and pompous shows; this money can be utilized for upgrading medical facilities worldwide and supporting the poor, providing food to the under privileged people and for animal welfare also. A big Thank You and warm regards to the Esteemed Jury : **Mrs. UK Classic Universe 2020 Priti B. Sinha, Haute Monde Mrs. India Worldwide Popular 2018 Monika Meena, Celebrity TV Actor Rajeev Mikale and The Award Winner Entrepreneur Viren Johri, CEO EsquireVJ, and Special Thanks to the Brand Ambassador of EsquireVJ Showcase Mrs. Gujarat T20, Mrs. India UK & Mrs. England Universe Dolly Ahuja.***



Events




**EsquireVJ
Showcase**

**Mrs. Gujarat T20
Karishma Kaushik**

www.esquirevj.com



**Mrs. Gujarat T20
10th April 2020**




**Prince & Princess
Gujarat T20
Online Contest
4 to 14 yrs**

**EsquireVJ
Showcase**

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Mihit Patel




**Prince / Princess
Gujarat
Online Contest**

**EsquireVJ
Showcase**

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**Kashish
Solanki**



**EsquireVJ
Showcase**

**Mrs. Talented T20
Jyoti Samnani**

Mrs. Gujarat T20
10th April 2020



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**Mrs. Proficient T20
Ruchita Sisodia**

Mrs. Gujarat T20
10th April 2020



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**Mrs. Confident T20
Razina Bolim**

Mrs. Gujarat T20
10th April 2020



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**EsquireVJ
Showcase**

**Mrs. Photogenic T20
Palak Maurya**

Mrs. Gujarat T20
10th April 2020



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**EsquireVJ
Showcase**

**Mrs. Ravishing T20
Poonam Singh**

Mrs. Gujarat T20
10th April 2020



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Showcase**

**Mrs. Popular T20
Aditi Ayachi**

Mrs. Gujarat T20
10th April 2020



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Mrs. India T20

Online Pageant



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National Level Online Pageant... Participate from the safety of your home. Entries welcome from all over India.

Squarepetals, May 2020

SquarePetals



Miss Gujarat
T20



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AgeGroup : 18 & above



Stay Home Stay Safe

**Online
Contest**

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Q) Mrs. Palak Maurya, what is your style statement!

A) On peaceful dumpling, my style is more than clothing and accessories, style encompasses those elements and so much more. My style is fluid, exquisite. And also my style is a form of self expression but it is also area of communication, my smile is a exotic style.

Q) What will you do if you win this title of Mrs. Gujarat T20 EsquireVJ Showcase?

A) I would use it to inspire many women or girls out there, if I can do it then they can

also do it and be a role model for the younger generation.

I am aiming to take initiative about protecting the girl child mentally and emotionally.

Q) What is the most important issue that ladies are facing? How would you change it?

A) The most important issue that ladies are facing i. e. Sponsorship, Sexual harassment, Non inclusive workplaces, education, self confidence, establishing

mechanism for women equal participation and equitable representation at all levels.

Women should realize and truly believe in self respect, in their talents and women empowerment.

Q) What is your opinion of EsquireVJ Showcase?

A) Esquire VJ is an event management organization and multination publication house; it looks like a dream world, fulfilling my dream by providing their platform, and also protecting our dignity & respect, and introducing me in the national & International levels.

Doodle Art



By Shailja Chandar

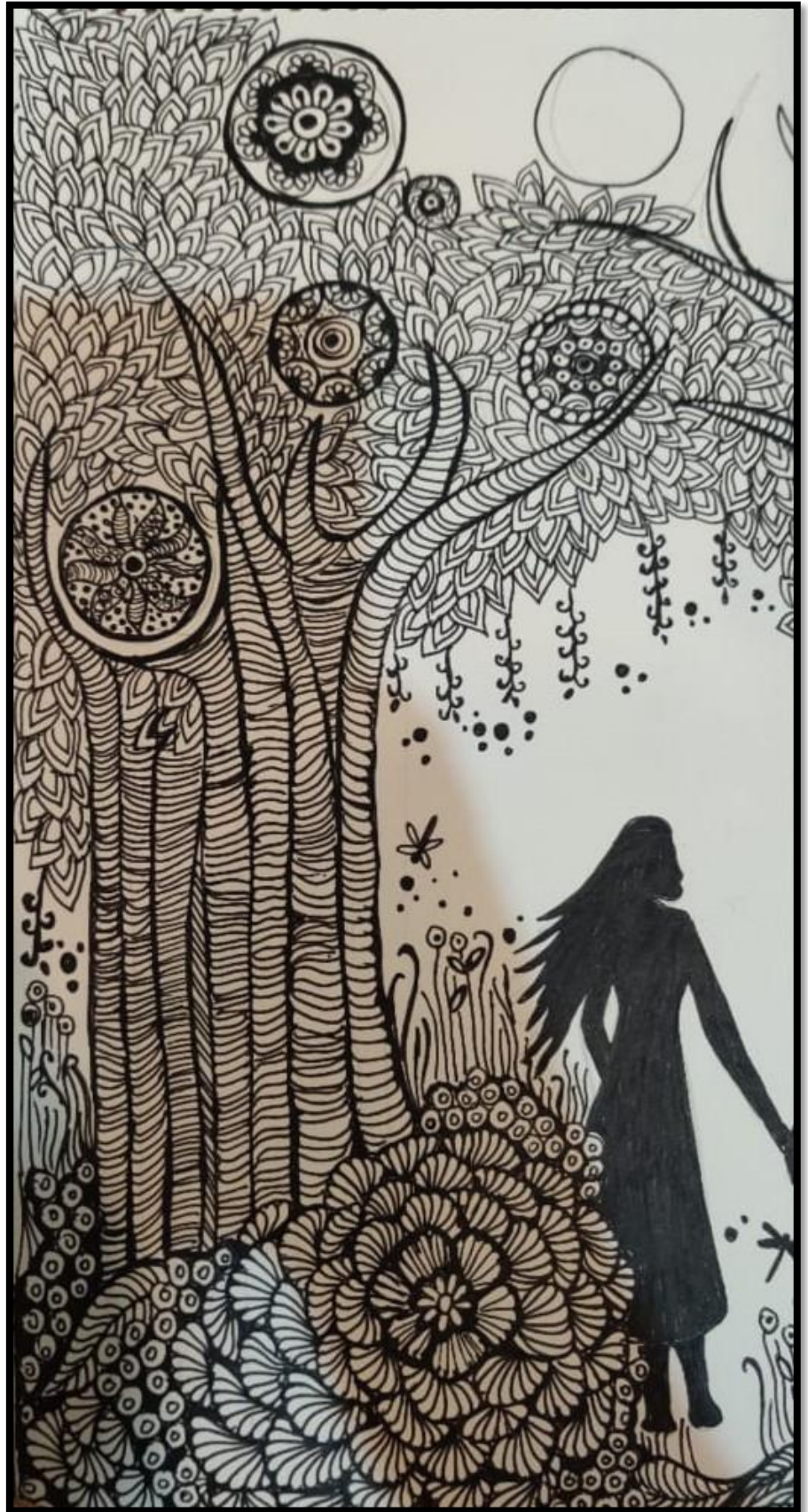
Art and Creative things have always been my passion though has never taken any formal training.

Doodle Art is a drawing made while a person's attention is otherwise occupied. Doodles are simple drawings that can have concrete representational meaning or may just be composed of random and abstract lines, generally without ever lifting the drawing device from the paper, in which also may be called a "scribble".

I generally make it with black gel pen...but in many paintings I add colors as per the requirement.

I like to innovate with two different art forms...like these days I am mixing Madhubani and tribal painting with doodle.

**Artist
Shailja Chandar**



Poetry Prompts.....

PROMPT 1.

Rain was pouring down heavily. Both of them were waiting for the rain to cease. He went, saw her standing, and offered her help. And that's how it started. And now after six years he asks her to marry him. All she says is, "I had an umbrella with me that day."



PROMPT 2

He is walking among us. We talk to him every day. He helps us. He knows us. We think we know him. But do we really? The boy who walks in with a smile, tries his very best to keep to keep it all day, only to look in the mirror before all hell breaks loose. His thoughts consuming him, making him act out of sense. His mind can't control his body. He, yet again, lost a battle with his demons. He's trying to stay alive, to live. But these demons of him are taking him down, each day, every day. And tomorrow, you are going to see him, walk in with a smile and hold it all day. Because, you know, who cares?

PROMPT 3

It took us seven years, nine months and seven days to figure out that what we had was something more than love. Because that day, we both lay lifeless on the bed together, holding each other's hand. It felt right.

PROMPT 4

I see the flowers that bloom in your chest, they are more than alive, they are more than beautiful, they are marvelous. Sadly,

you can't see what flowers bloom in your own chest, so you assume there aren't any. I see how colorful the flowers are, you only see black and white ferns. I see the flowers living, but you can't.

Maybe you are color blind.

That's why you can't see how colorful it is, I, on the other hand, see it, cherish it, praise it, cause I see it. And you should trust me when I say you have beautiful flowers growing.

POEM 1

NOBODY

I'm the nobody
They see every day.
I'm the nobody they speak to..
I'm the nobody
They don't care about.
I'm the nobody they speak about.
It hurts you know.
That you have no one.
That no one will be there.
It hurts to know
That you are alone.
You know why?
Because
I'm the nobody
They see every day
I'm the nobody they speak to.
I'm the nobody they don't care about.
I'm the nobody they speak about.



Nidhi Baravkar

Commerce student @ 16,
wants to study mass
communication in college.

On the pages and become ink,
That stretches the most beautiful curves
with crooked metaphors,
I want to become poetry,
You would just drown in me, word by word,
I shall be the black rose in a garden of red,
So that you pluck me,
Decorate me with your love,
So that I become yours forever,
I want to become poetry,
That when someone recites me,
You would be compelled to dance on my
melody,
I shall be swirls of breeze when you take a
stroll through the sea,
I shall be the stars of the universe,
That my shine makes you fall in love with
me,
I shall be the sunlight peeing from your
window making you laugh,
I want to be poetry,
So that you get addicted to my fragrance in
the quaint treatise,
I want to become your poetry
so that you can read me like yours, till
infinity.

You remember we used to sit by this
window?

I read a letter to you,
That I wrote to you, in my heart,
It had no words, no voice,
It was my silence that spoke,
And you read that letter so well..

Word by word,
Stating that it is so beautiful,
I know,
How it won't be?

I wrote that,
Though it took many years,
But it is embossed forever,

You remember we used to sit by this
window?
Entire night,
Just passed as sand,
We leaving our foot prints on that sand,
Day rose,
And rose bloomed,
But this window,
We stare at it,
No clue for what?
I guess we find ourselves there?
But where are we?
No one knows,
It's yet a mystery...
You remember we used to sit by this
window?



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1. Laugh at your friend's jokes
2. Sense the sunshine
3. Feel the raindrops touch your skin
4. Enjoy your first sip of morning coffee
5. Render a smile to the children.

Life will be easy when you accept yourself. It is not wrong when you cry, scream, weep, stay silent because we are humans; it is okay to vent-out the emotions. Sometimes our emotions dominate the logical sense that doesn't mean we are weak. What you do to bounce defines you.

Be the kind of person whom you love the most. People get attracted to someone who does what they love. Self-love drives one to reach greater heights.

~SELF LOVE ~

THE SKILL FOR A HEALTHY RELATIONSHIP

The basic expectation of human beings in a relationship is that everyone wants to be loved, recognized, and appreciated for their efforts. The strength of any relationship would be determined by trust, honesty, and freedom. You are comfortable with your own skin when you are with the right person. The right person makes you love yourself when around you.

The Definition of a good day always doesn't require an expensive item and luxurious lifestyle. People who are satisfied with simple things are happier.

You actually live the moment when you...



//Women on a plate//

*They asked what woman you are?
I want you to use "We" to address me, I told
them, and they say talk, And I talk:*

(Pain)

*We are those who try to make the intellect
in our brains be the most formidable
aesthetic we emanate when we sit in the
clothes we forgot to iron because we were
too busy crying our damn eyes out the dawn
before.*

(Bravery)

*We are those whose fathers of their fathers
sent to bring blood and bone to the house
before the garden of riches the men of the
family became incapable to save, die and
even with too many men on their side, they
called us the brave.*

(Insecurities)

*We are those who on some days despise the
sight of our black skin or anorexic bodies
and ask the men in our lives to lend us their
eyes before we lose the potentiality of what
truly matters. But even on those dependent
days, we don't forget to love. We don't
forget to appreciate the better halves of our
lives.*

(Injustice)

*We are those who scream too loud and
when we see blood coming out of their ears,
we don't stop, We need to see blood bath of
those who hurt one of us and gave them the
lion's share of agony. Therefore we think
you deserve a coffin of nothing but black
sand, for there is no light for you even in
hell.*

(Givers)

*We are those who were born to empty
ourselves in the vessels the men we love,
hold. We don't want you to shame us for
the love we are so desperately trying to
share with you. And sometimes when you
alone drink the wine we made by standing
in the sun on the grapes we sought for you,
we forgive you because when we first
decided to share our love, we knew you
were thirsty.*

(Kindness)

*We are those who have kindness that
plunge into abysmal depths and your
surface level psyche will be left in awe of the
capability we have to be 'nice' even when
we lost a millionth particle of our heart to a
man who told us that he needed no more
and we still poured him more.*

(Ambitions/Desires)

*We are those who love the audacity of bad
days to make us sad and on those days,
even on those days, we dream and breathe
together in a symphony until, yes until, we
impress ourselves, only ourselves. And then
we shall close our eyes for a nap maybe.*

*They said you talk so highly of the breed of
women; you almost make it a farce. Why
don't you write about men?*

*"I shall. But first what resides inside of me,
shall be said."*

To be continued.



An engineer and dreamer in making. I needed a form of expression and found many inspiring writers out there at the right time, it was then I realized that I should write too. And so I did.

Jaspreet Dhall

People in my Life#7

I have only had two crushes in my entire life. One (I still do) is my Akshay... I mean Akshay Kumar; and, the other was a classmate in my final year of junior college.

It was the typical silent crush – satisfied with well-timed admiring peeks at the face of the one that made my heart skip-a-beat. Never greedy for more, neither expecting reciprocation nor acknowledgement...

simply thrilled and completely sated with just the freedom of being able to look at him. I am sure he wasn't even aware of my existence.

His name? I don't remember. I think that's how most girlhood crushes are. We rarely remember their names unless we were friends with them. But the reason for my forgetfulness, I think was – the memory of my crush was overshadowed by the "Wrong Guy".

Twins - whether identical or dizygotic, are, in any case, rare. Astonishingly, my class that year had 3 pairs of them - 2 identical and one... not. I crushed on the one from

the non-identical pair. Considering that I was a geek, I think it would be no surprise to state that my crush was a good looking fellow nerd who resembled a clean shaven Akshay - with slim rectangular non-rimmed eyewear.

My friends and I have always been obvious front bench warmers. However this year, we had to grudgingly choose to sit among the last benchers due to a quirk of fate. We had all skipped the first day that year



making it too late for us to get our pick of the choice seats.

This turned out to be a blessing in disguise for me. I could use this opportunity to steal glances at my interest (seated in the first bench of the boys' row) unbeknownst to all.

Every day, once I was seated, my eyes with a life of their own... would slink diagonally to the left in the direction of first row seating the boys including the object of my attention. And during the course of the day my unruly eyes repeated this action every

once in a while or probably numerous times as and when it needed its fill of the admirable visage.

So this pattern continued with none becoming the wiser of my one guilty pleasure. Somewhere around the middle of that year, my eyes started to notice a break in the pattern. Every time my eyes slid to the left, I would notice a flutter of motion in my line of sight. The first few times I ignored this flutter as there was something more worthy to hold my single-minded attention. Only later when my brain processed that there was a movement most times I looked diagonally, did I forced my eyes away to identify the cause of this disturbance.

It was another boy who was seated somewhere in the path where my gaze travelled between me and my crush. The movement was caused as he had turned to look behind and as I looked at his face realised he was looking directly at me. At first I was thoroughly aghast that I was found out and my unrequited feelings disclosed to one other than me. Then logic prevailed. I brushed away the notion and forced my wavering attention back to the front of class where the professor was giving the lecture.

However the next time I sneaked a peek in that direction my attention was not single minded as before. It was split between two subjects. And for goodness sake again I



observed that the boy had again turned to look at me.

Well having no false notions of my plain countenance, I didn't even entertain the possibility of this boy being interested in me. He was the class rep, popular and had a string of interested females already vying for his attention. But the horrific thought occurred to me that he might have noticed me looking in that direction and mistakenly assumed that he was the object of my interest.

We people, are peculiar in the sense that our attention is unwittingly drawn to not only what attracts us but also which flatters us. We are also peculiar in the sense, that something disgusting or awkward would distract us more compellingly than something which makes us feel pleasant. So both of us powerless in the face of the peculiarities of human nature couldn't stop

looking on each other's direction every once in a while - the class rep - probably to check if he still held "my attention", and me - to check if he was looking at me.

Whatever the reason, it resulted in me feeling awkward to look anymore in that direction. It put a full stop to me feasting my eyes on my preferred scenery as now there was an uncomfortable obstruction in

them this titbit of gossip of his gross misrepresentation.

As days passed, I forgot that I ever had a crush and all that remained was torturous thoughts of people openly mocking me and a hundred different ways in which I could murder the person responsible for my torture. Then I slowly realised it was only my overactive imagination responsible for the torture and the class rep never crossed the line and nor did he or his friends openly



the way.

God only knows since when this class rep would have looked in my direction but I was noticing it only now. And now that I had noticed I observed many other things too. He would be unnaturally loud around me so that if I don't look in his direction it would come across as weird behaviour on my part. Whenever I would look up he and his friends would share a hearty laugh. I was so mortified that he might have shared with

mock me. He probably realised how awkward I felt. Did he? Anyway I breathed more easily and could almost forget about this if it wasn't for another incident which makes me wonder even to this day..

On the last day of our prelims our entire class decided to treat ourselves at a popular eatery near our college. Most of us already seated, the restaurant was nearly full and hardly any vacant tables remained. In walks the class rep with a couple of other

friends, obviously holding the attention of all seated. He looks around for seats but his gaze stops when they meet mine. What accursed twist of fate it was I don't know but the only empty table was on the right to where my friends and I were.

He could have easily accessed that place without disturbing any of those seated but he chose to walk in my direction, stood at my left and requested.... no more like commanded me to get up so that he could sit at the vacant table. I meekly stood and allowed him to do so. You may think me a pushover but I don't like confrontations or uncomfortable situations. He and his friends laughed loudly again. I don't remember eating anything as throughout I felt the curious stares of my classmates.

Why did he act thus? Was it to remind me that he was aware of "my feelings" or was it his last sadistic opportunity to torture a shy classmate? I really can't say.

After that 1 year I chose to continue my degree in that same college and my crush and the class rep moved away to different colleges and I never set my eyes on them again.

But since then I have often wondered about my reaction if the person who looked back was my crush and not the "Wrong guy". Would I still be mortified, would I have been brave enough to acknowledge it or would I have run in the opposite direction?

Well I wonder....

Vidya Krishnaraj

Editor, SquarePetals, Mumbai

A FIGHT

The hands shake and brain stops,
Every surrounding sound drops.
Curling up in bed seems easiest,
The heart starts to love silence.
Playing safe becomes the habit,
Eye to eye refrains to meet.
Everyone says you are so quiet,
Not everyone can become riot.
The fear of being noticed hovers,
Veins witness the anxious rivers.
I look into the eye of fears,
Though my eyes flood with tears.
Enough is enough let me fight,
Let me step into the bright light.
Let the sun burn me for a while,
It's the only way I'll shine.



2 Times "Delhi Poetry Slam Contest" Winner

Archi Patel

CARAMEL PHIRNI



INGREDIENTS:

500 ml whole milk
 4 tbsp milk powder
 2 tbsp custard powder
 100 gm sugar
 50 gm basmati rice (soak in water & make a paste)
 2 tsp ghee
 50 gm mixed chopped nuts
 Pinch of elaichi (cardamom) powder
 Vanilla essence

Falguni Thakkar
 Cooking Expert &
 Author of
 Hand to Heart



METHOD:

Take pan, add milk and put to boil on low flame.

Take another pan, add ghee and fry some dry fruits, keep aside.

Take a pan again and add sugar to make caramel and keep it aside.

When milk starts boiling, add the rice paste and custard powder, milk powder and stir continuously, take care that it should not stick at bottom of the pan.

please dilute milk powder and custard powder to a smooth paste in milk before adding to the boiling milk

Then add caramel sugar and cook to semi thick texture.

Now remove it from gas stove and add half dry fruits and the essence mix it well.

Serve chilled or hot and garnish with the remaining fried dry-fruits.



Dignity of Labour

International Labour Day falls on the 1st of May, so let me avail the opportunity to express my regards and heartfelt thanks to the laborers toiling hard to build up our world.

We do acknowledge that it is because of your tough input day and night that we dwell in huge buildings and comfortable housing; ironically the very same laborers spend their life in tents, with no stability, moving again to the new construction sites! We alter the climate inside our homes with ACs and room heaters, forgetting totally about the poor men and women who have made it happen by sweating under scorching sun or shivering due to chilled wintry nights, their little ones cuddled beside.

In the pathetic state of corona virus spread, the laborers working far away from their hometown were left without work, and without food or livelihood. Many were

compelled to travel on foot for miles, in search of food and shelter, making their way through death!! No conveyance due to lockdown, the laborers helplessly wandered to reach their home towns; they are the once who had laid the tracks on which the trains ran crushing into bits their dreams, they are the ones who slurred their blood out of the bruises into tar, to make the roadways; today no buses commute, the hungry laborers stay mute...

Thankfully the Government came to action in time and supported our skilled manpower. I pray for the backbone of our progressing country, the laborers, the selfless real task force, I salute you.



Satish Verma
Award Winner Editor,
Script Writer & Author



Lahsun Aloo

Garlic punch potatoes for lunch:
Spicy Indian Delight

Ingredients:

- *Potatoes (peeled & sliced)
- *Fresh garlic & red pepper paste
- *Mustard oil
- Asafoetida
- *Fenugreek seeds
- *Turmeric powder
- *Salt

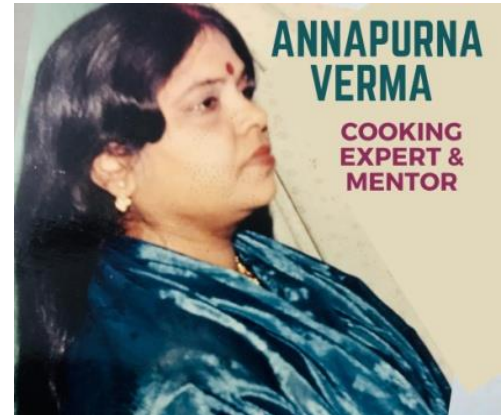
Method:


Heat 2 tablespoons of mustard oil in a frying pan. Add 1/4 teaspoon asafoetida powder, then half teaspoon methi (Fenugreek seeds) and a little turmeric powder. Now put the sliced potatoes and mix in the oil, and then add the garlic and red pepper paste to it. Mix thoroughly with salt then cover it to simmer for some time. Check if the potatoes are soft enough; otherwise leave it to

simmer again. Then cook on high flame, stirring frequently till the potatoes are reddish yellow.

Ready to eat:

The smell would already make you hungry, have it with chapati or dal rice, light tasty and nutritious lunch. Garlic is excellent immunity booster.





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COOL CLICKS: PINK MOON



**PHOTOGRAPHY BY
DR. MONICA VISHWAKARMA**

Squarepetals, May 2020

guess the gibberish

INCOHEARENT



TOP
TRENDS

Sunehri Johri

Dr. Sunil Patel

B.V.Sc. & A.H.,
M.V.Sc. (Medicine)

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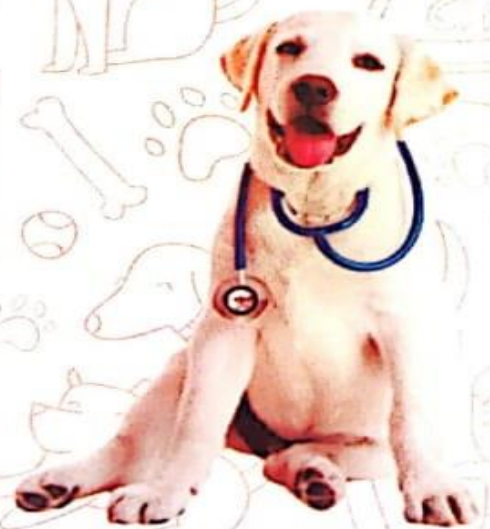
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